



About Navaratri

Navaratri is an annual awakening call to experience and express afresh the divine nature, to make manifest the light of trust and love in order to vanquish and conquer the forces of evil within. For it is through the positive forces of love and brotherhood and selflessness that negative and undivine elements can be effectively eliminated from the heart and the mind. Darkness can never resist light, Truth, light and goodness are synonymous terms; they are the visible expressions of God.

The message of Navaratri is a call to purity, plenty and wisdom. Where wisdom and virtue combine and become manifest in living, there we have the divine life.

Sw. Sivananda